

Scripture Monologues

Psalm 6, NIV

For the director of music. With stringed instruments. According to *sheminith*. A psalm of David.

NOTES

A short monologue for teens and adults exploring feelings of suffering/depression. Actors are encouraged to draw from their personal experience. One might consider placing this piece before a time of prayer or the message/sermon.

Lord, do not rebuke me in your anger
or discipline me in your wrath.
Have mercy on me, Lord, for I am faint;
heal me, Lord, for my bones are in agony.
My soul is in deep anguish.
How long, Lord, how long?
Turn, Lord, and deliver me;
save me because of your unfailing love.
Among the dead no one proclaims your name.
Who praises you from the grave?
I am worn out from my groaning.
All night long I flood my bed with weeping
and drench my couch with tears.
My eyes grow weak with sorrow;
they fail because of all my foes.
Away from me, all you who do evil,
for the Lord has heard my weeping.
The Lord has heard my cry for mercy;
the Lord accepts my prayer.
All my enemies will be overwhelmed with shame and anguish;
they will turn back and suddenly be put to shame.